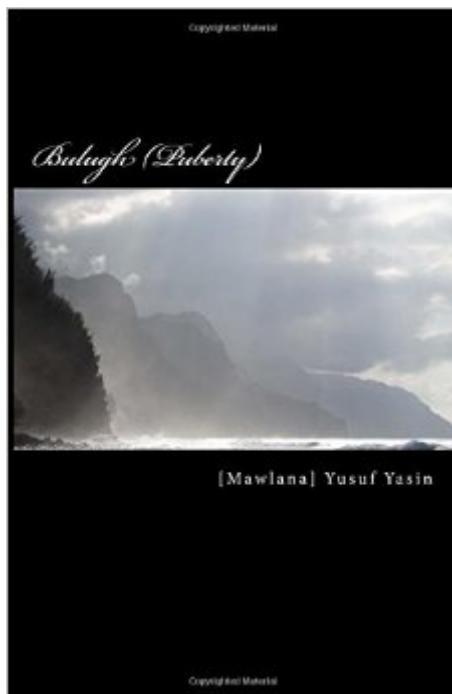


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# Bulugh (Puberty): A Concise Overview For Muslim Parents



## Synopsis

"How many times have we heard about daughters being in a state of ritual impurity for years because they don't know the laws of haidh (menses) and janabah (sexual impurity)? How many times have we heard of sons who reached the age of adolescence and they are in a perpetual state of janabah because they don't know the laws of wet dreams and janabah? [â ] Without a doubt the parents will be asked [about this] first, then the teachers charged with educating them and giving them a proper upbringing..."-Tarbiyah al-Awlad Fi al-Islam This booklet gives a brief description of the Islamic view of bulugh (puberty). It is not meant to be a detailed discussion of Islamic Jurisprudential rulings, but is intended to cover certain issues (e.g. hygiene, wet dreams, menstruation, etc.) which our youth may not normally be aware of until well after they have become adults.

## Book Information

Paperback: 58 pages

Publisher: CreateSpace Independent Publishing Platform (June 1, 2016)

Language: English

ISBN-10: 1532809743

ISBN-13: 978-1532809743

Product Dimensions: 5.5 x 0.1 x 8.5 inches

Shipping Weight: 4.5 ounces (View shipping rates and policies)

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Best Sellers Rank: #3,279,418 in Books (See Top 100 in Books) #145 in Books > Religion & Spirituality > Islam > Sunnism

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